

Semester	Course Code	Title of the Course	Hours	Credits
I	21UHE14VE01	ESSENTIALS OF HUMANITY	2	1

S.No.	Course Outcomes	Cognitive Level
	On completion of this course, the graduates will be able to:	
CO-1	Recall the prescribed values and their dimensions	K1
CO-2	Examine themselves my learning the developmental changes happening in the course of their life time	K2
CO-3	Apply the trained values in their day today life	K3
CO-4	Analyze themselves as responsible men and women	K4
CO-5	Create a constructive approach to life	K6

Unit-I Value Education (6 Hours)

Values: Introduction, Mobilizing Force, Characteristics, Roots of Values, Value Education & Value Clarification - Moral Characters - Kinds of Values - Objectives of Values.

Unit-II Human Personality (6 Hours)

Personality: Introduction, Traits, Theories, Integration & Factors influencing the development of personality - SEL Series - Discovering self - Defense Mechanism - Power of positive thinking - Why worry?

Unit-III Human Development (6 Hours)

Areas of Development: Physical, Intellectual, Emotional, Social Development, Moral & Spiritual development

Unit-IV Responsible Parenthood (6 Hours)

Human sexuality - Marriage and Family - Sex and Love - Characteristics of Responsible parent - Causes of Marriage disharmony - Art of wise parenting.

Unit-V Gender Equality and Empowerment (6 Hours)

Historical perspective - Women in Independence struggle - Women in Independent India - Education & economic development - Crimes against Women - Women rights - Time-line of Women Achievements in India

Books for Study:

Department of Foundation Course. *Essentials of Humanity*, St. Joseph's College Tiruchirappali-2, 2015.

Books for Reference:

Alphonse Xavier Dr SJ. *You Shall Overcome*, (6th Ed.) Chennai: ICRDCE Publication, 2012.

[Alex K. *Soft Skills*, New Delhi: S. Chand, 2009.](#)

[Kalam Abdul APJ. *You Are Unique*, Bangalore: Punya Publishing, 2012.](#)

Web Sources:

[Living Values Education, http://livingvalues.net](http://livingvalues.net). Accessed 05 Mar. 2021.

[American Psychological Association, https://www.apa.org/topics/personality#](https://www.apa.org/topics/personality#). Accessed 05 Mar. 2021.

Peace Corps, <https://www.peacecorps.gov/educators/resources/global-issues-gender-equality-and-womens-empowerment/>. Accessed 05 Mar. 2021.

Semester	Course Code	Title of the Course	Hours	Credits
II	21UHE14VE02	TECHNIQUES OF SOCIAL ANALYSIS: FUNDAMENTALS OF HUMAN RIGHTS	2	1

S.No.	Course Outcomes	Cognitive level
	On completion of this course, the graduates will be able to:	
CO-1	Identify the importance and the values of human rights	K1
CO-2	Understand the historical background and the development of Human Rights and the related organizations	K2
CO-3	Apply the provisions of National and International human rights to themselves and the society	K3
CO-4	Analyse the violations of human rights to the marginalized section in the society	K4
CO-5	Animate the people to involve in the struggles and activities of the human rights organizations	K5

Unit-I Human Rights - An Introduction (6-Hours)

Introduction- Classification of Human Rights- Scope of Human Rights-Characteristics of Human Rights-NHRC-SHRC- Challenges for Human Rights in the 21st Century.

Unit-II Historical Development of Human Rights (6-Hours)

Human Rights in Pre-World War Era- Human Rights in Post-World War Era- Evolution of International Human Rights Law - the General Assembly Proclamation- Institution Building, Implementation and the Post- Cold War Period. The ICC.

Unit-III India and Human Rights (6-Hours)

Introduction-Classification of Fundamental Rights-Salient Features of Fundamental Rights- and Fundamental Duties.

Unit-IV Human Rights of Women and Children (6-Hours)

Women's Human Rights- Issues related to women's rights - and Rights of Women's and Children

Unit-V Human Rights Violations and Organizations (6-Hours)

Human Rights Violations - Human Rights Violations in India - the Human Rights Watch Report, January 2012- Human Rights Organizations-

Books for Study:

The Department of Foundation course. *Techniques of Social Analysis: Fundamentals of Human Rights*, Tiruchirappalli -2, St. Joseph's college, 2015.

Books for Reference:

Venkatachalem. Dr. *The Constitution of India*, Salem: Giri Law House, 2005.
Naik Varunand Mukesh Shany. *Human rights education and training*, New Delhi: crescent Publishing Corporation, 2011.

BhathokeNeera. *Human Rights content and extent*, New Delhi: swastika publications, 2011.

Web Sources:

Universal Declaration of Human Rights, United Nations. <https://www.un.org/en/universal-declaration-human-rights/>. Accessed 05 Mar. 2021.

International Labor Organization. <https://www.ilo.org/global/lang--en/index.htm>. Accessed 05 Mar. 2021.

Amnesty International. <https://www.amnesty.org/en/>. Accessed 05 Mar. 2021.

Semester	Course Code	Title of the Course	Hours	Credits
II	21UHE24AE02	Environmental Studies	2	2

S.No.	Course Outcomes	Cognitive Level
	On Completion of this course, the graduates will be able to:	
CO-1	Identify the concepts related to the environmental global scenario	K1
CO-2	Comprehend the natural resources and environmental organizations	K2
CO-3	Analyze the causes and changes in the structure of biodiversity	K4
CO-4	Apply the acquired knowledge to sensitize individuals and public about the environmental crisis	K3
CO-5	Enhance their skills in the society by solving the environmental problems and preserving nature by the acquired knowledge	K6

Unit I Introduction to Environmental Studies (6 Hours)

Introduction – Scope and Importance – Subsystems of Earth – Various recycling Methods – Environmental Movements in India – Eco- Feminism – Public awareness – Suggestions to conserve environment

Unit II Natural Resources (6 Hours)

Food Resources – Land Resources – Forest resources – Mineral Resources – Water Resources – Energy Resources

Unit III Ecosystems, Biodiversity and Conservation (6 Hours)

General structure of ecosystem - Functions of Ecosystem - Energy flow and Ecological pyramids – Levels of Biodiversity - Hot spots of Biodiversity - Endangered and Endemic Species - Value of Biodiversity - Threats to Biodiversity - Conservation of Biodiversity

Unit IV Environmental Pollution (6 Hours)

Air Pollution – Water Pollution – Oil Pollution – Soil Pollution – Marine Pollution – Noise Pollution - Thermal Pollution – Radiation Pollution

Unit V Environmental Organizations and Treatise (6 Hours)

United Nations Environment Program (UNEP) - International treaties on Environmental protection - Ministry of Environment, Forest and Climate Change - Important National Environmental Acts and rules– Environmental Impact assessment - Issues deals with Population growth.

Books for Study:

Department of Foundation Course, *Environmental Studies*, St. Joseph's College, Tiruchirappali-2,2015.

Books for Reference:

Rathor, V.S. and Rathor B. S. *Management of Natural Resources for Sustainable Development*.

New Delhi: Daya Publishing House, 2013.

Sharma P.D, *Ecology and Environment*, 8 ed., Meerut: Rastogi Publications, 2010.

Agrawal, A and C.C. Gibson. *Introduction: The Role of Community in Natural Resource*

Conservation. NJ: Rutgers University Press, 2001.

Web Sources:

UNEP- UN Environmental Program, <https://www.unep.org/>. Accessed 05 Mar. 2021.

The official website of ministry of environment, Forest and Climate change,

<http://moef.gov.in/en/> Accessed 05 Mar. 2021.

The International Panel on Climate Change, <https://www.ipcc.ch/reports/>. Accessed 05 Mar. 2021.

Semester	Course Code	Title of the Course	Hours	Credits
III	21UHE24VE3A	PROFESSIONAL ETHICS–I: SOCIAL ETHICS - I	2	1

S. No.	Course Outcomes	Cognitive Level (K-level)
	On completion of this course the graduates will be able to:	
CO-1	Understand the values prescribed under social ethics.	K2
CO-2	Analyse the various kinds of political systems.	K4
CO-3	Know the responsibility of the educated youth.	K1
CO-4	Analyse the behaviour of the elected representatives.	K4
CO-5	Apply their minds critically to the various types of cyber crime.	K3

Unit-I Introduction to Social Ethics (6-Hours)

Social ethics, social ethics and social responsibility, social ethics play an important role on the areas, religion influences social changes and vice versa, secularism. Social ethics and corporate dynamics, forms of social ethics.

Unit-II The Economic and Political System of Today (6-Hours)

Planned economy and communism, feudalism, market economy and capitalism, socialism, mixed economy, the emerging market economy, political system, totalitarian system, oligarchic system.

Unit-III Integrity in Public Life National Integration (6-Hours)

What is Integrity, Public Life, Integrity and Public Life, Integrity in a Democratic State, India as Democratic State, Behavior of a elected representative of India , Noticeable degradation acts of elected Representatives, Suggestions to stem this rot, Types of integrity, Transparency can be a guarantee for integrity.

Unit-IV Cyber Crime (6-Hours)

Business Ethics, Business ethics permeates the whole organization, Measuring business ethics , The Vital factors highlighting the importance of business ethics , Cyber crime, Strategies in committing Cyber Crimes, Factors aiding Cyber Crime, computer Hacking, Cyber Bullying, Telecommunications piracy, Counter Measures to Cyber Crime, Ethical Hacking.

Unit-V Social Integration (6-Hours)

Global challenges, The future is with the Educational Youth, Cost of the Sacrifice, Crusaders against corruption, Responsibility of the Educated Youth, Positive Global Scenario, Right to Education, Eradicating gender inequality, Sustainable Human Development , Social Integration, Elimination Crime, Integration with Global Market

Books for Study:

1. Department of Foundation Course: *Formation of Youth*, St Joseph's College(Autonomous), Tiruchirappali -02, 2015

Books for Reference:

1. Ramesh K. Arora, *Ethics, Integrity and Values* by Public Service Paperback ,– 1 January 2014
2. Cunningham, D. *There's something happening here: The new left, the Klan, and FBI counterintelligence*. Berkeley: University of California Press, 2004.
3. Adv. Prashant Mali, *Cyber law & Cyber Crimes simplified* by Cyber Info media Paperback – 1 January 2017.
4. Matthew Richardson, *Cyber Crime: Law and Practice Hardcover – Import*, Wildy publications, 29 November 2019

Web Sources:

1. <https://cybercrime.gov.in/>
2. <https://open.lib.umn.edu/sociology/chapter/14-2-types-of-political-systems/>
3. <https://www.esv.org/resources/esv-global-study-bible/social-ethics/>
4. https://en.wikipedia.org/wiki/Political_system

Semester	Course Code	Title of the Course	Hours	Credits
III	21UHE34VE3B	PROFESSIONAL ETHICS I: RELIGIOUS DOCTRINE- I	2	1

Unit-I	God of salvation	(6 Hours)
Unit-II	Life & Mission of Jesus Christ	(6 Hours)
Unit-III	The Holy Spirit	(6 Hours)
Unit-IV	Biblical Values	(6 Hours)
Unit-V	Mother Mary	(6 Hours)

Books for Text

Life in the Lord: Religious Doctrine. St. Joseph's College, Trichirappalli: Department of Foundation Courses, 2011.

Books for Reference:

Compendium: Catechism of the Catholic Church. Bengaluru: Theological Publications in India, 1994.

Holy Bible (NRSV).

[Web Sources](#)

Semester	Course Code	Title of the Course	Hours	Credits
IV	21UHE44VE4A	PROFESSIONAL ETHICS–II: SOCIAL ETHICS - II	2	1

S. No.	Course Outcomes:	Cognitive Level (K-level)
	On completion of this course the graduates will be able to:	
CO-1	Know the value of natural resources and to live in a harmony with nature.	K1
CO-2	Apply the plans of disaster management in the society.	K3
CO-3	Analyse the importance and differences of science and religion.	K3
CO-4	Comprehend the importance of a healthy life.	K2
CO-5	Apply counseling skills and solve their problems.	K4

Unit-I Harmony with Nature

(6-Hours)

What is environment, Why should we think of harmony, Longing for human well-being, Principles to conserve environmental resources, Causes of disharmony, The fruits of harmony with nature, Forest resources, Water resources, Mineral resources, Food resources, Fruits of disharmony, Economic values and growth, Environmental Ethics, Guidelines to live in harmony with nature, Towards life-centered system for better quality of life. Harmony with animal kingdom.

Unit-II Issues Dealing with Science and Religion

(6-Hours)

What is Science, Science and Religion, Social Relevance of Science and Technology, Science and technology for social justice, Difference caused by Science and Technology, Need for indigenous technology, Science, Technology and Innovation Policy of India.

Unit-III Public Health

(6-Hours)

Health related issues, Health Care in India vs Developed Countries, Health and Heredity, Public Health - The Indian Scenario, Objectives of public health in India, Public Health System in India, Failure on the public health front, Role of the central government, Hospitals Services in India, Health and Abortion, Health and Drug Addiction, Drug abuse

Unit-IV Disaster Management

(6-Hours)

Disaster Management, Types of disaster, Plans of disaster management, Technology to manage natural disasters and catastrophes, Disaster Management, Rehabilitation and Reconstruction, Human-induced disaster, First Aid, The importance of First-aid, Disaster Declaration and Response

Unit-V Counselling for Adolescents

(6-Hours)

High Risk Behaviours, Developmental Changes in Adolescents, Key Issues of the Adolescents, Need for Counselling, Nature of Counselling, Counselling Goals, Does helping help? The Good and the Bad news. Importance of Career Guidance Counselling.

Books for Study:

1. Department of Foundation Course: *Formation of Youth*, St Joseph's College (Autonomous), Tiruchirappali 2, 2015.

Books for Reference:

1. Albert, D. and Steinberg, L, *Judgment and decision making in adolescence*: Journal of Research on Adolescence, page no: 211-224. 2011
2. Larry R. Collins, *Disaster Management and Preparedness*, Lewis Publications, 22 November 2000.
3. Elizabeth B. Hurlock, *Developmental Psychology: A: Life-Span Approach*, New Delhi: Tata McGraw-Hill, 1981, 5th Edition, August 18, 2001.
4. Sangha, Kamaljit. *Ways to Live in Harmony with Nature: Living Sustainably and Working with Passion*. Australia, Woodslane Pty Limited, 2015.

Web Sources:

1. https://en.wikipedia.org/wiki/Disaster_management_in_India
2. <https://ndma.gov.in/>
3. <https://talkitover.in/services/child-adolescent-counselling/>
4. <https://www.nipccd.nic.in/schemes/adolescent-guidance-centre-19#gsc.tab=0>

Semester	Course Code	Title of the Course	Hours	Credits
IV	21UHE44VE4B	PROFESSIONAL ETHICS II: RELIGIOUS DOCTRINE - II	2	1

S.No.	Course Outcomes	Cognitive Level
	On completion of this course, the graduates will be able to:	
CO-1	Understand the history of the Catholic Church	K1
CO-2	Examine and grasp the Sacraments of the Catholic Church	K2
CO-3	Apply the Christian Prayer to their everyday life	K3
CO-4	Analyze themselves in the light of Sacraments & Christian Prayer	K4
CO-5	Create a harmonious society learning values from all religions	K6

Unit-I	The Catholic Church	(6 Hours)
Unit-II	Sacraments of Initiation	(6 Hours)
Unit-III	Sacraments of Healing & at the Service of Community	(6 Hours)
Unit-IV	Christian Prayer	(6 Hours)
Unit-V	Harmony of Religions	(6 Hours)

Books for Text

Life in the Lord: Religious Doctrine. St. Joseph's College, Trichirappalli: Department of Foundation Courses, 2011.

Books for Reference: *Compendium: Catechism of the Catholic Church.* Bengaluru: Theological Publications in India, 1994.

Holy Bible (NRSV).

[Web Sources](#)